



Fremont Jt. School District #215

9-12 School Breakfast and Lunch Menu

September 2022



Monday		Tuesday		Wednesday		Thursday		Friday	
						1	Mini Bagel Cream Cheese Pears	2	Cold Cereal WG Cinnamon Toast Fresh Fruit
						Spanish Rice or Pepperoni Calzone or Spicy Chicken Burger or Chef Salad Sides: Green Beans, Applesauce, Cookie		Walking Taco or Cheese Pizza Ripper or Chicken Burger or Crispy Chicken Salad Sides: Salsa, Peas, Fresh Fruit	
5	Labor Day No School	6	Egg/Sausage Patty English Muffin Fruit Cocktail	7	Cinnamon Donut Fruit Juice Peaches	8	Yogurt Parfait Animal Crackers Pears	9	Cold Cereal WG Cinnamon Toast Fresh Fruit
 Labor Day		BBQ Pork Sandwich or Pepperoni Pizza or Spicy Chicken Burger or Crispy Chicken Salad Sides: French Fries, Peaches		Corn Dog or Pepperoni Ripper or Chicken Burger or Taco Potato Bar Sides: Carrots, Mandarin Oranges		Waffles or Pepperoni Calzone or Spicy Chicken Burger or Chef Salad Sides: Sausage Patty, Potato Tots, Strawberries		Ham Fried Rice or Cheese Pizza Ripper or Chicken Burger or Crispy Chicken Salad Sides: Celery Sticks, Fresh Fruit, Cookie	
12	Belgian Waffle Fruit Juice Applesauce Cup	13	Egg/Sausage Patty English Muffin Fruit Cocktail	14	Maple Bites Fruit Juice Peaches	15	Mini Bagel Cream Cheese Pears	16	Cold Cereal WG Cinnamon Toast Fresh Fruit
Mandarin Chicken/Rice Bowl or Cheese Pizza Ripper or Chicken Burger or Chef Salad Sides: Broccoli, Pears, Sherbet Cup		Turkey Gravy/Mashed Potatoes or Pepperoni Pizza or Spicy Chicken Burger or Crispy Chicken Salad Sides: Roll, Peas & Carrots, Peaches		Bacon Cheeseburger or Pepperoni Ripper or Chicken Burger or Taco Potato Bar Sides: Sun Chips, Green Beans, Applesauce Cup, Smoothie		Chili or Pepperoni Calzone or Spicy Chicken Burger or Chef Salad Sides: Corn, Fruit Cocktail, Cinnamon Roll		Crispito or Cheese Pizza Ripper or Chicken Burger or Crispy Chicken Salad Sides: Salsa, Celery Sticks, Jell-O, Fresh Fruit	
19	Potato Harvest No School	20	Potato Harvest No School	21	Potato Harvest No School	22	Potato Harvest No School	23	Potato Harvest No School
Potato Harvest No School		Potato Harvest No School		Potato Harvest No School		Potato Harvest No School		Potato Harvest No School	
26	Potato Harvest No School	27	Potato Harvest No School	28	Potato Harvest No School	29	Potato Harvest No School	30	Potato Harvest No School
Potato Harvest No School		Potato Harvest No School		Potato Harvest No School		Potato Harvest No School		Potato Harvest No School	

Milk served with all meals

Menu is subject to change without notice

Student Prices:

Breakfast: \$1.40

Lunch: \$2.25

All Milk \$.40

Adult Prices:

Breakfast: \$2.70

Lunch: \$4.35

"This institution is an equal opportunity provider"

Don't forget to reapply for Free or Reduced priced meals. You can apply on-line www.sd215.net under Child Nutrition tab. **No application** is necessary if your family is receiving Food Stamps. Questions? Please call 624-7542